



Beat the Flu: Protect Yourself and Your Family From Swine Flu, Bird Flu, Pandemic Flu and Seasonal Flu

Richard Stoker

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Protect Your Family and Yourself From the Most Dangerous Infectious Disease

Flu experts agree -- a **severe pandemic** is just a matter of time.

But there are many other ways to **protect yourself and your family**. They are cheap and widely available. Everybody can take steps to protect themselves and their families.

The nightmare is another 1918-style flu that is both **highly contagious and highly lethal**. It could kill **tens of millions of people** around the globe.

Ordinary, seasonal flu kills from 20,000 to 40,000 Americans per year, and an unknown number of people in other countries.

Swine flu has already **mutated into forms resistant to both vaccines and Tamiflu**.

BEAT THE FLU is a **comprehensive guide to build your immune system to prevent and, if necessary, treat the flu**.

BEAT THE FLU explains the proprietary 7 Perimeter Defense System and the Super Immunity Seven.

Praise for BEAT THE FLU:

"This is a TON of information that can literally save lives. The solutions you give are **simple and easy to implement**.

"Whatever price you pay for this book is going to be well worth it. After all...what price can you put on your life and the lives of your family?" -- Enigma Valdez

"The 7-Perimeter Immune Defense System is a **comprehensive immunity-boosting plan**. When followed correctly, it will literally build an internal fortress of protection against the bird flu. This system will save lives!

"I have seen books selling at twice the price that don't even have half the information."

-- Clint Fountain

"I have studied alternative health for many years... and still I found many nuggets of smart advice I hadn't

thought of, forgotten, or flat out didn't know before I went through your flu book. Well done!" -- Jim Van Wyck

"Brings the facts to us in a **clear, well-written style**.

"You provide in-depth biological explanations using easily understood everyday words. Your ability to communicate complex concepts in ordinary language is phenomenal.

"I am very, very impressed." -- Dot Pecson

62,000 words.

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Brian Andres:

In this 21st century, people become competitive in most way. By being competitive today, people have do something to make these individuals survives, being in the middle of typically the crowded place and notice by means of surrounding. One thing that sometimes many people have underestimated that for a while is reading. That's why, by reading a book your ability to survive increase then having chance to stand than other is high. For you personally who want to start reading some sort of book, we give you this specific Beat the Flu: Protect Yourself and Your Family From Swine Flu, Bird Flu, Pandemic Flu and Seasonal Flu book as beginner and daily reading reserve. Why, because this book is usually more than just a book.

Betty Smith:

Precisely why? Because this Beat the Flu: Protect Yourself and Your Family From Swine Flu, Bird Flu, Pandemic Flu and Seasonal Flu is an unordinary book that the inside of the book waiting for you to snap it but latter it will surprise you with the secret that inside. Reading this book adjacent to it was fantastic author who all write the book in such amazing way makes the content inside of easier to understand, entertaining method but still convey the meaning totally. So , it is good for you because of not hesitating having this anymore or you going to regret it. This phenomenal book will give you a lot of advantages than the other book have such as help improving your skill and your critical thinking means. So , still want to postpone having that book? If I were being you I will go to the guide store hurriedly.

William Johnson:

Reading can called mind hangout, why? Because if you find yourself reading a book specifically book entitled Beat the Flu: Protect Yourself and Your Family From Swine Flu, Bird Flu, Pandemic Flu and Seasonal Flu your brain will drift away trough every dimension, wandering in most aspect that maybe not known for but surely can be your mind friends. Imaging each and every word written in a e-book then become one contact form conclusion and explanation that maybe you never get just before. The Beat the Flu: Protect Yourself and Your Family From Swine Flu, Bird Flu, Pandemic Flu and Seasonal Flu giving you another experience more than blown away your head but also giving you useful information for your better life in this era. So now let us explain to you the relaxing pattern this is your body and mind will probably be pleased when you are finished reading through it, like winning a game. Do you want to try this extraordinary spending spare time activity?

Steven Evans:

A lot of book has printed but it is different. You can get it by online on social media. You can choose the best book for you, science, comedian, novel, or whatever by simply searching from it. It is named of book Beat the Flu: Protect Yourself and Your Family From Swine Flu, Bird Flu, Pandemic Flu and Seasonal Flu. You'll be able to your knowledge by it. Without leaving the printed book, it could possibly add your

knowledge and make an individual happier to read. It is most important that, you must aware about guide. It can bring you from one place to other place.

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