



The What To Eat If You Have Diabetes Cookbook

Daniella Chace, Maureen Keane

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The What To Eat If You Have Diabetes Cookbook

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The What To Eat If You Have Diabetes Cookbook Daniella Chace, Maureen Keane This cookbook offers recipes that people with diabetes will find easy-to-make, healthy and fit into their diet plan. Many of the dishes presented are made from organic, unprocessed ingredients and feature foods that stabilise blood sugar.



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