



Whoosh!: A Little Book for Birth Companions

Katie Brooke

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This adorable keepsake combines imaginative illustrations with bite-sized tips and practical information to help birthing companions take a hands-on role on the birthing day. A loving gift for any birth partner. Originally designed for the author's husband, Whoosh! is an intimately written guide, balancing scientifically accurate medical facts with humorous truisms, illustrated throughout with quirky line drawings and loving explanations.

Whoosh! is a beautifully constructed pocket sized guide, intimately thought through, personal, easy to digest and lovely to read.

Katie is an illustrator and author based in the Lake District. She is mother of two small girls and one borrowed teen. Her smallest share very different birth stories, a traumatic c-section, and a peaceful home birth but with medical assistance afterward. Katie became fascinated about birth and collected data on natural birthing throughout both pregnancies, illustrating her 'library of incredible facts' to help mothers to be and their companions to birth lovingly and avoid intervention.

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