



Reflexology learned quickly and easily: With Healthtips and 21 Treatment Options

Peter Klessa Ramazani

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Reflexology is not difficult and can be learned by everyone.

That's why I created this book about foot reflexology that will help you to treat your feet or the feet of your partner.

This book is an expanded edition of my book "Reflexology for Everyone." with reflex points, basic exercise, health tips and 21 treatment options.

You can treat the individual reflex points to reach a particular part of the body, or treat the entire foot in order to achieve good health and avoid weaknesses.

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