



Managing & Treating Urinary Incontinence

Diane Newman R.N.C. M.S.N., Alan Wein

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Incontinence is not an inevitable part of aging, nor is it untreatable once it develops. Thoroughly revised and updated, this new edition of a trusted resource teaches diverse and effective strategies for assessing, managing, and even eliminating urinary incontinence in all care settings.

Managing and Treating Urinary Incontinence presents a full range of treatment options, explaining how each method works and who benefits most from its use. In pragmatic, easy-to-understand language, readers will learn essential information about

the anatomy and physiology of the lower urinary tract and pelvic floor

the types and causes of incontinence and overactive bladder

the impact of bowel dysfunction on incontinence

the value of incontinence education and self-care techniques

the efficacy of behavioral treatments, such as bladder retraining and toileting programs

the role of drug therapy and surgery in managing incontinence

This second edition provides expanded content on surgical interventions and pelvic organ prolapse, the latest information on available overactive and incontinence drug therapy, and a glossary of clinical terminology.

An accompanying CD-ROM includes new patient teaching tools, useful care plans for 12 common incontinence scenarios, and detailed assessment forms. Plus, this edition contains a comprehensive review of incontinence containment products with illustrations and availability listings.

With the knowledge in this comprehensive guidebook, nursing staff will measurably improve the health and independence of residents or patients, and managers will reduce facility costs and staff burden. This book is a must-have for nurses, medical directors and nursing home administrators, incontinence specialists, occupational therapists, physical therapists, primary care physicians, social workers, and other health care professionals who work with older adults.

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