



The Mindful Teacher, Second Edition (Series on School Reform)

Dennis Shirley, Elizabeth MacDonald

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The Mindful Teacher, Second Edition (Series on School Reform) Dennis Shirley, Elizabeth MacDonald "This updated and expanded second edition of *The Mindful*

Teacher presents a truly inspiring vision of educational change.

It is essential reading for all who agree that it is time to spark a

quiet revolution of learning in which teachers and their students can

truly flourish.

-- Michael Schratz,

president of the

International Congress of School Effectiveness and Improvement

"When reforms in some education systems result in alienated teaching rather than improved learning, it takes a book like The Mindful Teacher to remind all that education has deeper meaning and substance than merely achieving performance indicators. This book has a very important message for all educators!"

-- Pak Tee Ng,

National Institute of Education, Singapore

This new and expanded edition of the bestselling *The Mindful*Teacher provides educators everywhere with practical ideas for improving teaching and learning. Dennis Shirley and Elizabeth

MacDonald have created "Mindful Teacher" seminars that enable teachers to focus their craft so that students can learn with dignity and purpose. This updated second edition includes completely new

sections on the promise of teacher leadership, the strengths and perils of technology, and schools in the midst of change. *The Mindful Teacher* is an indispensable and timely resource for all educators who seek to transform schools into places of learning and joy.

Book Features:

- * Grassroots, nitty-gritty descriptions of teachers leading change.
- * Practical recommendations on ways to retain the best of previous practices while creatively blending them with new innovations.
- * Useful ways of using principles of mindful teaching for thinking through the affordances, as well as the distractions, that accompany new technologies.
- * Research-tested approaches to whole-school change that honor the work of educators and accelerate the learning of students.

The Mindful Teacher describes real educators in real schools working with real students. It bridges the rapidly evolving field of mindfulness studies with educators' life-long quests for substantial and sustainable improvements in the educations we provide our students.



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