



Soccer for Juniors: A Guide for Players, Parents, and Coaches

Robert Pollock

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"The best introduction to playing and coaching the game now in print, Soccer for Juniors delivers nonstop advice and instruction in an easy-to-read style. Everything the novice coach and player needs to get started, all in one book." - Joe Provey, editor of Soccer Jr. magazine This excellent, comprehensive guide provides players, parents, and coaches with everything they need to know about the U.S. variations of the world's most popular sport. Beginning with an introduction to the game and how to watch it, this brand-new edition of Soccer for Juniors explains how young athletes can test their soccer skills and determine their potential. It outlines practice drills in trapping, passing, heading, dribbling, and kicking that prepare the beginning player for more advanced skills such as the chip shot, the back-heel kick, and the volley. All are explained through photographs and diagrams that demonstrate both the right and wrong way of performing these moves. Soccer for Juniors is also an invaluable source of information about the tactics that make youth soccer one of the most exciting sports to watch, the best way to set up drills for tryouts and practices, the right equipment and diet for young players, and much more. Visit us online at [www mgr.com](http://www.mgr.com).

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