



Closure and the Law of Relationship: Endings as New Beginnings

Lissa Coffey

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Through the myriad forms of relationships we experience over the course of a lifetime, we have the opportunity to learn about ourselves-to see how each relationship, no matter how challenging or difficult or joyful, causes us to change, to grow, and even to discover unknown inner strengths. In *Closure and the Law of Relationship: Endings as New Beginnings*, lifestyle and relationship expert Lissa Coffey show us how the Law of Relationship works to our benefit to help us improve our lives. "The universe teaches us that relationships don't end," Coffey says. "We remain connected to the people in our lives through our memories and shared experiences. Coming to terms with the changes in our relationships is what will bring us closure." With real-life examples, Transformation Applications, and Wisdom Affirmations throughout, Coffey has created a practical, spiritual guide that offers a five-step process to help us achieve a sought-for peace of mind and greater Self-realization. "Eastern philosophy teaches us that change is inevitable, and yet suffering is not. In her insightful new book, "Closure," Lissa Coffey shows us how to learn and grow as we move through the evolution of our relationships. Highly recommended." -Deepak Chopra Author of *The Ultimate Happiness Prescription* "Who among us hasn't been devastated by the loss of a relationship - whether through separation, divorce, or death? Most of the time, we can't see beyond the present moment and mistakenly believe that life could never be as good without that other person in our daily lives. By the end of the journey through Lissa Coffey's book, *Closure*, we come to realize that we will be better for having loved, and life will be even sweeter when we start to live it again!" Shaun Robinson TV Host, Author of *Exactly As I Am*

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