



# Don't Do It in the Dark: An Enlightened Guide to Sensual Sexuality

*Ellen Nicolas Rathbone*

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After 28 years of presenting erotica at pleasure parties, all the questions ever asked have been answered about products, techniques, and the means of achieving sexual and sensual bliss via erotica. Learn what kind of lover you are to create sensual pleasure and personal satisfaction for a lifetime. Don't Do It in the Dark; an Enlightened Guide to Sensual Sexuality is a guide to lovemaking as a living art in which the participants grow and develop their sensitivity and awareness to create a lifetime of sexual satisfaction. Like any art, it is learned, practiced, and developed to become one of our greatest natural and healing gifts. To develop a sexually satisfying relationship, understanding our own sexual appetite and honest communication through word and deed are essential. Herein is the advice on how to do that. Add technique and insight, and we're able to make better choices, and if already married, to spice up the status quo for a lifetime of sexual pleasure.

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