



Ada's Rules: A Sexy Skinny Novel

Alice Randall

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Ada Howard, the wife of the preacher at Nashville's Full Love Baptist Tabernacle, has a whole lot of people to take care of. There's her husband, of course, and the flock that comes with him, plus the kids at the day care where she works, two grown daughters, and two ailing parents. It's no wonder she can't find time to take care of herself. And her husband's been so busy lately, she's suspicious some other woman may be taking care of him . . .

Then it comes: the announcement of her twenty-five-year college reunion in twelve months' time, signed with a wink by her old flame. Ada gets to thinking about the thrills of young love lost, and the hundred or so pounds gained since her college days, and she decides it's high time for a health and beauty revival. So she starts laying down some rules. The first rule is: Don't Keep Doing What You've Always Been Doing. And so begins a long journey toward a new look and a new perspective?on what Ada wants, and on what she's always had.

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