



Multi-Systemic Structural-Strategic Interventions for Child and Adolescent Behavior Problems

Patrick H Tolan

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Learn to tackle the very challenging behavior problems of children and adolescents that you commonly see in your family therapy practice. This practical book provides the practicing clinician with an overview of structural-strategic approaches for treating child and adolescent behavior problems. It is unique in specifying successful approaches for a range of behavior problems, with all approaches based on the same concept--the Structural-Strategic model of family therapy. Behavior problems are the most common reason for referral of children and adolescents for therapy. In addition, behavior problems are major impediments to educational progress and full benefit from medical care. Multi-Systemic Structural-Strategic Interventions for Child and Adolescent Behavior Problems focuses on the major types of behavior problems: antisocial and delinquent behavior, drug abuse, eating disorders, sex-related problems, school behavioral problems, and problems with compliance with pediatric medical care. Chapters by Editor Patrick H. Tolan and an impressive group of contributing authors will expand your knowledge and the utility of structural-strategic family therapy by emphasizing the role of responsibility and accountability of family members. This volume is the first to use this view to specifically address the treatment of a variety of behavior problems. Techniques for applying structural-strategic approaches in working with other systems, including schools, are also presented. Aimed at the practicing clinician, especially those who consider themselves primarily family therapists, Multi-Systemic Structural-Strategic Interventions for Child and Adolescent Behavior Problems is of interest to any professional treating children and adolescents. A useful text for trainers of interns and residents and faculty of independent family therapy training programs, this major book is also an important addition to specialized courses in family therapy, child therapy, and SS therapy, and graduate courses in social work, psychology, and nursing programs.

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