



# **Go Get Him! - Your Plan to Get a Man: Everything You Need to Know to Create the Love You Want**

*Avril Mulcahy*

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## **CALLING ALL THE SINGLE LADIES ... GET READY TO GO DATING!**

Do you keep thinking that Prince Charming will knock on your door, only to be met by the pizza delivery man? Is your idea of an action-packed evening a night on the couch watching rom-coms with a tub of ice cream? Have you given up on love or are you stuck in a dating rut? It's time to change the record!

Using a no-nonsense approach, dating expert Avril Mulcahy teaches you how to break the bad habits and negative attitudes holding you back from finding Mr Right. You'll learn how to:

- Stop faffing and start dating
- Ditch the dickheads
- Create a killer online profile
- Increase your opportunities to meet men
- Overcome your limiting beliefs and ooze confidence
- Attract and keep the man of your dreams.

Straight-talking, funny, a bit bold but brutally honest, ***GO GET HIM!*** will give you the push you need to take control of your life, get off the couch and start dating using a three-stage strategy:

- **Get Ready** – Get to know your needs and what you're looking for in a man
- **Get Set** – Learn the practical details of perfect dating
- **Go!** – Become a goddess and put your dating plans into action.

So what are you waiting for? Get this book and ***GO GET HIM!***

## ***GO GET HIM!:* Table of Contents**

- Stop Faffing and Start Doing!
- Future Pacing
- Are You an Eagle or a Chicken?
- I Am a Ride
- Know Your Needs
- Getting Back to Business: SWOT Yourself
- The Marketing Mix
- Destructive Dating Patterns
- Mr Wrong
- Breaking Up Is Hard to Do
- The Dickhead Clearout
- Be the Flame

**GET SET**

- It's All About OTMs
- The Dating Network
- The Personal Network
- The Out and About Network
- Playing the Field

**GO!**

- You Are a Goddess
- Sexuality Is a State of Mind
- The Flirtation Formula
- Be as Pretty as Possible for Destiny
- Confidence Is Key
- Getting Fired Up for a First Date
- Keep Your Flame Alive

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