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The Great Wings Book

Hugh Carpenter, Teri Sandison



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This cookbook is for anyone who feels passionately about chicken wings, whether you are famous for a wing recipe or an untested cook who orders chicken wings at restaurant. Chicken wings are inexpensive, rich tasting, and easy to cook, and they reheat beautifully. The wing bones distribute the heat and contribute a wonderful sweetness to the meat, while the skin gradually becomes crisp and protects the meat from ever becoming dry.

Always a crowd-pleaser at barbecues, tailgate parties, and picnics, chicken wings have come a long way since the city of Buffalo, New York popularized the spicy dish more than forty years ago. Moving way beyond the classic hot sauce and blue cheese dip, The Great Wings Book presents more than fifty innovative recipes for old-fashioned and newfangled buffalo wings, including globetrotting sauces, rubs, and marinades that incorporate contemporary pan-Asian and Latin flavors. Best-selling cookbook authors Hugh Carpenter and Teri Sandison cover everything you need to know to buy, store, roast, grill, smoke, deep-fry, and braise amazing wings at home. Whether you're in the mood for Cajun Buffalo Wings, Pineapple Teriyaki Wings, or Braised Wings with Red Wine and Mushroom Sauce, you'll find recipes guaranteed to make your wings take flight.

The chapters in this attractive full-color hardback cookbook cover many subjects, from buying and storing wings, to techniques that help you lollipop and stuff chicken wings. Readers will find recipes on grilling, smoking, oven-roasting, braising, and deep-frying wings to achieve the perfect juiciness. The rubs, dips, and marinades will wow everyone who tries them.

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Betty Freeman:

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