



# The Naturally Thin Girl's Guide To Preventing Winter Weight Gain!

*Daria Jones*

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## **The Naturally Thin Girl's Guide To Preventing Winter Weight Gain!** Daria Jones

Learn how naturally thin women prevent the 3 to 15 pound weight gain, that happens to so many during the Winter months. In addition to that info, you'll also learn how to boost willpower, prevent the cravings for fatty foods and get back on track after a binge.

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